



SEPTEMBER 2022

Elementary

Nutritional Development Services
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
Labor Day 5 Weekly Alternate: 382 Cinnamon Toast Crunch Breakfast Kit	No School 6	382 Cinn Toast Crunch 750 Apple Juice 670 Fresh Fruit PreK: 382 Cinn Toast Crunch	323 Apple Cinnamon Muffin 749 Apple Cherry Juice 645 Dole Pineapple Cup PreK: 341 Vanilla Honey Bunches of Oats	324 Cocoa Puffs Cereal 748 Grape Juice 670 Fresh Fruit PreK: 366 Blueberry Bagel
328 Chocolate Chip Muffin 749 Apple Cherry Juice 647 Dole Mandarin Oranges PreK: 342 Cheerios	327 Pillsbury Maple Mini Waffles 750 Apple Juice 697 Bagged Apple Slices PreK: 339 Cranberry Orange Muffin	387 Fruit Loops 752 Fruit Punch Juice 659 Watermelon Craisins PreK: 387 Fruit Loops	359 Honey Scooters 748 Grape Juice 670 Fresh Fruit PreK: 330 Blueberry Muffin	922 Granola with Cinnamon & 136 Vanilla Yogurt 753 Orange Juice 691 Strawberry Apple Crisps PreK: 341 Cinnamon Chex Cereal
325 Cinnamon Chex Cup 753 Orange Cup 647 Dole Mandarin Oranges PreK: Pillsbury Strawberry Splash Pancakes	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit PreK: 346 Cinnamon Toast Crunch Cereal	366 Blueberry Bagel 752 Fruit Punch Juice 659 Watermelon Craisins PreK: 335 Banana Muffin	324 Cocoa Puffs Cereal 748 Grape Juice 670 Fresh Fruit PreK: 343 Rice Chex Cereal	319 Orange Cranberry Muffin 750 Apple Juice 690 Apple Crisps PreK: 331 Corn Muffin
368 Plain Bagel 752 Fruit Punch Juice 609 Dole Mixed Fruit Cup PreK: 341 Vanilla Honey Bunches of Oats Cereal	322 Blueberry Muffin 753 Orange Juice 690 Apple Crisps PreK: 330 Blueberry Muffin	922 Granola with Cinnamon & 138 Blueberry Yogurt 750 Apple Juice 670 Fresh Fruit PreK: 345 Honey Scooters	323 Apple Cinnamon Muffin 749 Apple Cherry Juice 670 Fresh Fruit PreK: 367 Cinnamon Raisin Bagel	384 Cinnamon Toast Crunch Cereal 748 Grape Juice 658 Cherry Craisins PreK: 384 Cinn Toast Crunch
26	27	28	29	30

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.