



NOVEMBER 2022

Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
325 Cinnamon Chex Cup 753 Orange Juice 647 Dole Mandarin Orange Cup Pre-K: 349 Corn Chex Cereal	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 330 Blueberry Muffin	366 Blueberry Bagel 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 339 Orange Cranberry Muffin	324 Cocoa Puffs Cereal 748 Grape Juice 670 Fresh Fruit Pre-K: 341 Vanilla Honey Bunches of Oats	387 Fruit Loops 750 Apple Juice 690 Apple Crisps Pre-K: 387 Fruit Loops
No School	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 335 Banana Muffin	922 Granola with Cinnamon & 133 Strawberry Banana Yogurt 659 Watermelon Craisins 752 Fruit Punch Juice Pre-K: 346 Cinnamon Toast Crunch Cereal	334 Cinnamon Toast Crunch Cereal 748 Grape Juice 697 Bagged Sliced Apples Pre-K: 331 Corn Muffin	388 Honey Bunches of Oats 750 Apple Juice 690 Apple Crisps Pre-K: 388 Honey Bunches of Oats
334 Cinnamon Toast Crunch Cereal 753 Orange Juice 608 Dole Tropical Fruit Cup Pre-K: 369 Pillsbury Berry Blast Mini French Toast	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 367 Cinnamon Raisin Bagel	327 Pillsbury Maple Mini Waffles 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 332 Apple Cinnamon Muffin	384 Cinn Toast Crunch 138 Blueberry Yogurt 748 Grape Juice 697 Bagged Sliced Apples Pre-K: 384 Cinn Toast Crunch	329 Trix Cereal Bar 750 Apple Juice 690 Apple Crisps Pre-K: 330 Blueberry Muffin
324 Cocoa Puffs Cereala 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 341 Vanilla Honey Bunches of Oats	322 Blueberry Muffin 753 Orange Juice 657 Strawberry Craisins Pre-K: 331 Corn Muffin	922 Granola with Cinnamon & 136 Vanilla Yogurt 750 Apple Juice 645 Dole Pineapple Cup Pre-K: 345 Honey Scooters Cereal	Happy Thanksgiving!	
922 Granola with Cinnamon & 137 Peach Yogurt 749 Apple Cherry Juice 647 Dole Mandarin Oranges Pre-K: 346 Cinnamon Toast Crunch Cereal	327 Pillsbury Maple Mini Waffles 750 Apple Juice 670 Fresh Fruit Pre-K: 366 Blueberry Bagel	319 Orange Cranberry Muffin 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 335 Banana Muffin	387 Fruit Loops 748 Grape Juice 670 Fresh Fruit Pre-K: 387 Fruit Loops	329 Trix Cereal Bar 753 Orange Juice 691 Strawberry Apple Crisps Pre-K: 332 Apple Cinnamon Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.