



# NOVEMBER 2020

"Make sure you eat, so you'll be quick on your feet!" - By Elizabeth, grade 5  
From Holy Trinity School

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

## Monday

289 Pancakes with Sausage  
704 French Fries  
699 Strawberry Cup  
932 Cinnamon Scooby Snacks

2

## Tuesday

255 Cheese Stuffed Breadsticks  
622 Marinara  
631 Cherry Star Vegetable Juice  
691 Strawberry Apple Crisp

3

## Wednesday

226 Philly Cheesesteak Pinwheel  
611 Bagged Baby Carrots  
540 Garlic Hummus  
658 Cherry Craisins

4

## Thursday

205 Popcorn Chicken  
603 Maple Baked Beans  
630 Dragon Punch Vegetable Juice  
684 Mixed Berry Applesauce  
928 Goldfish Pretzels

5

## Friday

263 5" Round Cheese Pizza  
623 Broccoli  
685 Rosati Water Ice

6

**NO SCHOOL**

9

294 Meatballs with Tomato Sauce  
631 Cherry Star Vegetable Juice  
608 Dole Tropical Fruit Cup  
901 Honey Biscuit

10

251 Chicken Nuggets  
704 French Fries  
749 Apple-Cherry Juice  
932 Cinnamon Scooby Snacks

11

273 Rotini Bake  
752 Fruit Punch Juice  
901 Honey Biscuit

12

221 Two Cheese Chicken Quesadilla  
623 Broccoli  
630 Dragon Punch Vegetable Juice  
691 Strawberry Apple Crisps  
990 Chocolate Chip Cookie

13

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds  
684 Mixed Berry Applesauce  
941 Tostitos Scoops  
620 Salsa

16

215 Beef & Cheese Taco  
603 Maple Baked Beans  
631 Cherry Star Vegetable Juice  
608 Dole Tropical Fruit Cup

17

289 Pancakes with Sausage  
634 Hash Browns  
630 Dragon Punch Vegetable Juice  
690 Apple Crisps

18

264 4x6" Cheese Pizza  
635 Calypso Crush  
Vegetable Juice  
752 Fruit Punch Juice

19

251 Chicken Nuggets  
611 Bagged Baby Carrots  
540 Garlic Hummus  
659 Watermelon Craisins

20

274 Curly Cheesy Lasagna  
749 Apple-Cherry Juice  
903 Maple Biscuit

23

205 Popcorn Chicken  
704 French Fries  
685 Rosati Water Ice  
932 Cinnamon Scooby Snacks

24

**11:30 DISMISSAL**

25

**NO HOT LUNCH**

**Happy Thanksgiving!**

26

**Happy Thanksgiving!**

27



30



**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.