



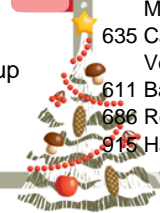
DECEMBER 2021

"Fruits and Veggies, Greens and Berries, Apples with Cherries,
Eating healthy will make you feel merry!" - From Good Shepard

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NO SCHOOL 6</p>	<p>234 Chicken Tenders with Potato Wedges 7 623 Broccoli 690 Apple Crisps 932 Cinnamon Scooby Snacks</p>	<p>201 Cheeseburger 8 634 Hash Brown 630 Dragon Punch Vegetable Juice 647 Dole Mandarin Orange Cup 915 Hamburger Bun</p>	<p>272 Four Cheese Panini 9 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice</p>	<p>251 Chicken Nuggets 10 611 Bagged Baby Carrots 541 Chocolate Hummus 609 Dole Mixed Fruit Cup</p>
<p>253 Hot Dog with French Fries 13 603 Maple Baked Beans 658 Cherry Craisins 906 Hot Dog Bun</p>	<p>263 5" Round Cheese Pizza 14 611 Bagged Baby Carrots 633 Sunset Sip Vegetable Juice 691 Strawberry Apple Crisps</p>	<p>270 Chicken Tenders with Mac & Cheese 15 623 Broccoli 630 Dragon Punch Vegetable Juice 750 Apple Juice 909 Dinner Roll</p>	<p>205 Popcorn Chicken 16 704 French Fries 752 Fruit Punch Juice 992 Oatmeal Cookie</p>	<p>275 BBQ Chicken Filet 17 706 Romaine Salad with Cherry Tomatoes 684 Mixed Berry Applesauce 915 Hamburger Bun</p>
<p>269 Mini Corn Dog with Chicken Nuggets & Potato Rounds 20 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 645 Dole Pineapple Cup 993 Holiday Cookie</p>	<p>211 Sloppy Joe 21 624 Garlic Green Beans 686 Rosati Water Ice 915 Hamburger Bun</p>	<p>215 Beef & Cheese Taco 22 639 Corn 620 Salsa 659 Watermelon Craisins 941 Tostitos Scoops</p>	<p>NO SCHOOL 23</p>	<p>HAPPY HOLIDAYS! 24</p>
27	28	29	30	31
ENJOY YOUR BREAK & HAPPY NEW YEAR!				
<p>263 5" Round Cheese Pizza 3 623 Broccoli 633 Sunset Sip Vegetable Juice 658 Cherry Craisins</p>	<p>234 Chicken Tenders with Potato Wedges 4 631 Cherry Star Vegetable Juice 645 Dole Pineapple Cup 990 Chocolate Chip Cookie</p>	<p>292 Penne Pasta with Meat Sauce 5 659 Watermelon Craisins 993 Holiday Cookie</p>	<p>253 Hot Dog with French Fries 6 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 906 Hot Dog Bun</p>	<p>210 Turkey, Stuffing, Mashed Potatoes 7 635 Calypso Crush Vegetable Juice 611 Bagged Baby Carrots 686 Rosati Water Ice 915 Hamburger Bun</p>



PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items in suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.